

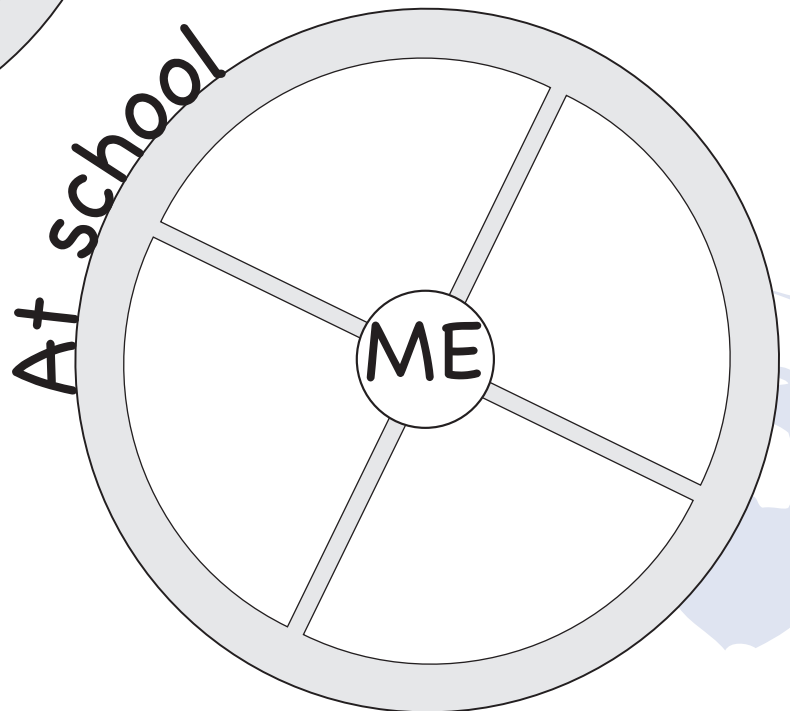
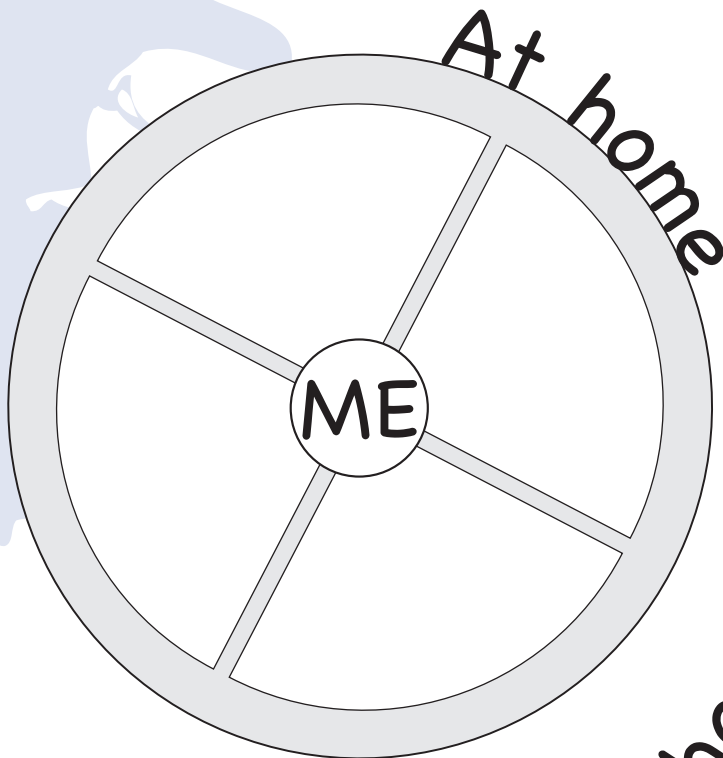
My circle of help

To help your child identify people who can help in difficult situations

You will need:



Ask your child to draw or stick pictures of the people who they would turn to if they were worried, scared or needed help.



Let's talk...

Ask your child to explain why each of them is a 'special person' and why they would be able to help. You can talk about real or imaginary situations and ask your child which 'special people' they would turn to in each one.