

Talking Games

To improve your child's communication skills and help to express feelings and emotions

Chinese whispers

- A group of family or friends sits in a circle.
- The first person whispers a simple sentence to the next person.
- They whisper it to the next person - and so on.
- The last person says aloud what they have just heard - which is often very different to the original sentence!
- This simple game shows children how easily misunderstandings occur (even among grown-ups) and how important it is to listen carefully.

Family albums

- Children enjoy looking at photographs, particularly if they or their friends and family appear.
- Look through an album with your child and ask them to tell you how the people in the pictures are feeling.
- Encourage them to think of as many words as possible to describe the feelings.
- Ask your child why they think the person shown felt like that.

No yes and no no!

- This simple game can be played anywhere, at any time.
- It produces a lot of laughter and children love it.
- Ask your child questions and they have to answer without saying 'Yes' or 'No'.
- Take it in turns and see who wins.
- The game improves children's communication
- You can also use it to explore issues or feelings in a fun way.