

## To improve your child's abilities to deal with situations involving bullying

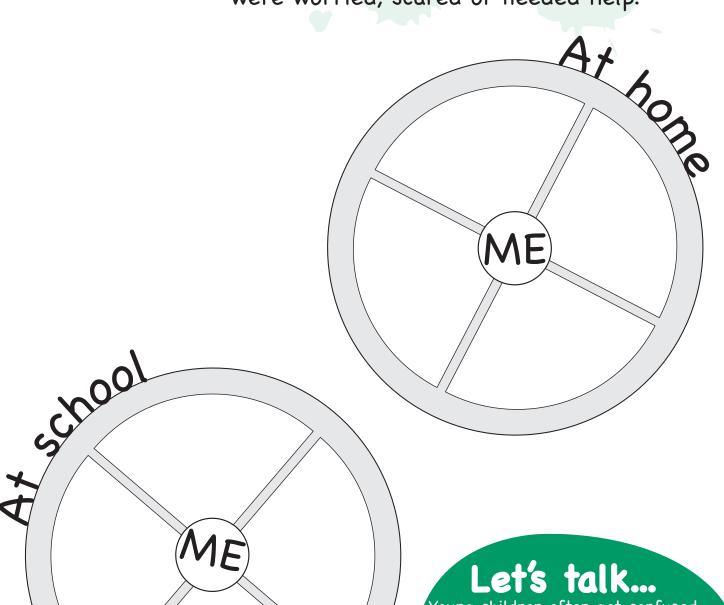
You will need:







Ask your child to draw or stick pictures of the people who they would turn to if they were worried, scared or needed help.



Young children often get confused between bullying and teasing. Explain that bullying involves repeated nastiness to somebody, where a person or group picks on someone with the intention of hurting them or making them feel bad.