

Transition: This is me

You will need



It can be nerve-wracking starting a new school, class or year group and making friends.

Get your child to complete the sheet and complete one yourself, then compare the two.

This activity will help your child think about themselves in a positive way, boost their confidence and give them ideas for introducing themselves to new friends.

<p>I would like to become</p>	<p>Things that make me feel happy</p>	<p>My favourite food</p>
<p>My favourite subject at school</p>		<p>The animal I would like to be</p>
<p>The subject I like least</p>	<p>Things I like doing in my spare time</p>	<p>Someone I admire a lot</p>